



is sand-colored Bombay Beaded Jewelry Roll (\$65) by **Cole Haan** is the perfect accessory for all or bawdy baubles. The exquisitely detailed bag can also be carried as a clutch to all your holiday togethers. *Cole Haan, 2 Newtown Lane, East Hampton, 907-9350.*

What can't you get on your iPod these days? Think you're limited to your secret stash of every Kelly Clarkson song ever recorded or commercial-free *Desperate Housewives* episodes? No, the limit expands to workout routines, nutrition programs, relationship advice, spiritual insights, and prenatal coaching thanks to **iAmplify** (\$1.99 per download or \$69.99 monthly membership), a new podcast program with a healthy-lifestyle bent. Visit [iamplify.com](http://iamplify.com).

the gift of inner peace—rather fitting, since this is the season of peace! **Ananda Yoga Center** offers a variety of classes (\$18 per class or \$1,200 annual unlimited access) for kids, seniors, and everyone in between. Ananda carries a selection of yoga clothing, mats, and more, and private classes are available. *Ananda Yoga Center, 20 Hampton Road (in the mini-mall), Southampton, 259-8805; 204-1219.*



Your tootsies will stay forever warm in these **J.Crew** slippers and scuffs (\$48–\$98). Take a load off after the workday and slide into a pair of these plush puppies. *J.Crew-at-the-Beach, 46 Main Street, East Hampton, 324-5034.*



ed to rekindle the art of conversation led by **the Girls** to create their boxes of questions which help spur stories and discussions between friends and family. For holiday get-togethers, the Girls are offering the

Thanksgiving Box of Questions, the Christmas Box of Questions, and the Hanukkah Box of Questions (\$19.95 each), with each card in the box asking an individual question to be answered in whatever manner the player sees fit. All profits from the boxes go to organizations that benefit children and families. *Available at Saks Fifth Avenue, 611 Fifth Avenue, NYC, 212-753-4000, theboxgirls.com*

